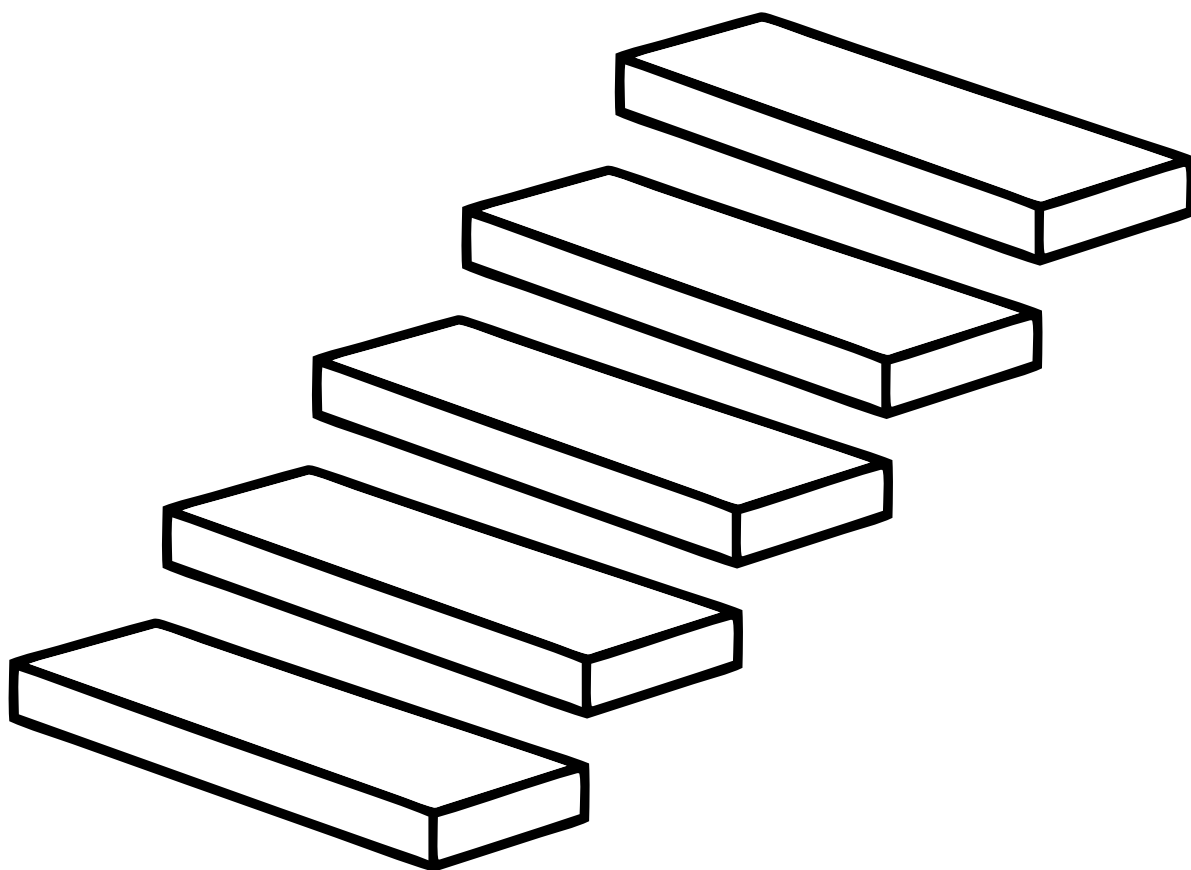
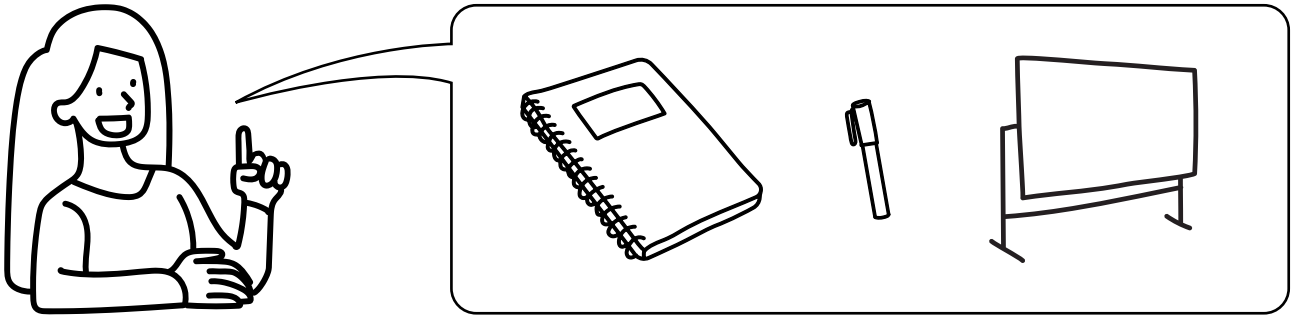


# NÖHRA





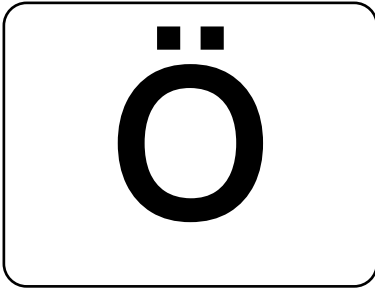
NÖHRA waa hab tallaabo-tallaabo ah oo loogu talagalay shaqo kooxeed. Waxay ka caawisaa kooxda inay si wadajir ah u fahmaan xaaladda hadda, meesha ay rabaan inay gaaraan, caqabadaha jira, kheyraadka la heli karo iyo tallaabooyinka la qaadayo.

**N**

## **Xaaladda hadda**

Xaggee ayaan joognaa hadda?

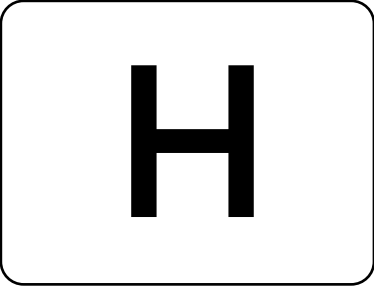
- 1** Sharax sida ay wax yihiin hadda. Qof walba wuu hadli karaa, kooxduna way isku raacdaa
- 2** Qaata 10 daqiiqo
- 3** Wacan! Hadda qof walba wuu fahmayaa xaaladda



## **Xaaladda la doonayo**

Xaggee ayaan rabnaa inaan gaarno?

- 1** Sharax sida ay wax u ekaan doonaan marka la gaaro. Fikir xor ah sameeya oo ku heshiia jihada
- 2** Qaata 10 daqiiqo
- 3** Fiican! Hadda waad ogtihiin halka aad u socotaan



H

## Caqabadaha

Maxaa na hor istaagi kara?

- 1** Liis gareeya dhammaan caqabadaha. Noqda kuwo daacad ah oo cad, hana xallin weli
- 2** Qaata 5–7 daqiiqo
- 3** Wacan! Hadda waad ogtihiin waxa carqaladayn kara

**R**

## **Kheyraadka**

Maxaa loo baahan yahay?

- 1** Liis gareeya waxa aad haysaan, waxa ka maqan, kuna weydiiya: yaa caawin kara?
- 2** Qaata 8–10 daqiiqo
- 3** Fiican! Hadda waad ogtihiin waxa aad haysaan iyo waxa maqan

**A**

## **Ficil**

Maxaan samaynaynaa?

- 1** Go'aamiya tallaabooyin cad, qaybiya masuuliyadda, kuna heshiya goorta la bilaabayo
- 2** Qaata 10–15 daqiiqo
- 3** Hadda bilaaba! 1, 2, 3 – Socda!