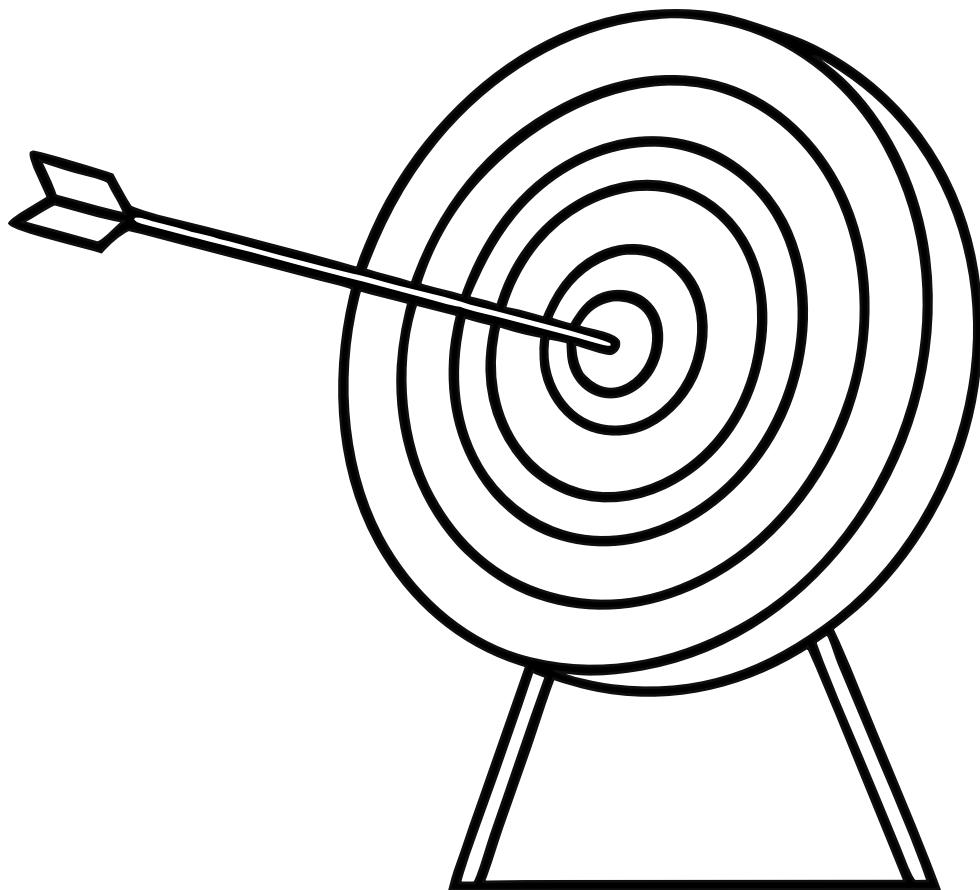
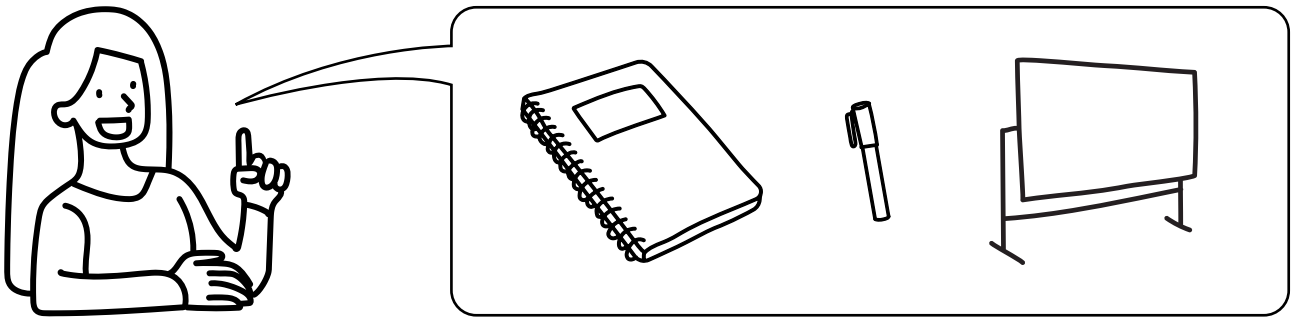


SMARTA MÅL





Himilooyinka SMART waa hab tallaabo-tallaabo ah oo lagu dejiyo yoolal cad oo la gaari karo marka koox la shaqeynayo. Habkani wuxuu ka dhigaa yoolalka kuwo cad, la cabbiri karo, la aqbalay, macquul ah, isla markaana leh waqti go'an.



S

Gaar ah

Maxaa si dhab ah loo doonayaa in la gaaro?

- 1** Maxaa la qabanayaa, yaa ku lug leh, xaggee ayaa lagu qabanayaa?
- 2** Qaata 10 daqiqo
- 3** Hadda waxaad dejiseen yool cad oo qeexan

M

La cabbiri karo

Sideen ku ogaanaynaa
inaan guulaysanay?

- 1** Maxaa dhici doona, imisa iyo imisa qof?
- 2** Qaata 10 daqiiqo
- 3** Hadda waad ogtihiin sida loo ogaado in yoolku la gaaray

A

La aqbalay

Ma rabnaa tan dhab
ahaantii?

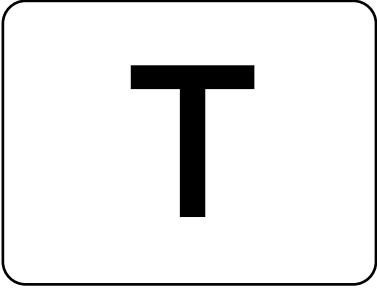
- 1** Yoolku ma macno ayuu leeyahay, qof walbana ma ku raacsan yahay?
- 2** Qaata 5–10 daqiiqo
- 3** Hadda yoolku waa la wada aqbalay

R

Macquul ah

Ma suurtagal baa?

- 1** Ma haysannaa kheyraadka, ma saameyn karnaa natiijada?
- 2** Qaata 10 daqiiqo
- 3** Hadda waad ogtihiin in yoolku macquul yahay



T

Waqti leh

Goorma ayuu
dhammaanayaa?

- 1** Dejiya taariikh ama waqti cayiman iyo dhammaad cad
- 2** Qaata 5 daqiiqo
- 3** Hadda yoolku wuxuu leeyahay waqti cad